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Side Bar 3. ACSM's GETP, Ninth Edition, Contributing Authors

University Of Texas Health Science Center . San Antonio, TX . Chapter 8: Exercise

Prescription For Healthy Populations With Special Considerations And Environmental Considerations . Paul Thompson, M.D., FACSM . Hartford Hospital . Hartford, CT . Chapter 1: Benefits And Risks Associated With Physical Activity . Chapter 2: Preparticipation Health ... Jul 3th, 2024

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Appendix D - ACSM Risk Stratification Screening Questionnaire

Assess Your Health By Marking All True Statements. You Have Had: ___ A Heart Attack ___ Congenital Heart Disease ___ Heart Failure ___ Any Heart Surgery ___ Cardiac Arrhythmia ___ Coronary Angioplasty ___ Known Heart Murmur ___ Heart Palpitations You Have: ___ Experienced Chest Pain With Mild Exertion Jul 3th, 2024

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