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NASM Essentials Of Personal Fitness Training, 6th Edition
2. NASM Essentials Of Personal Fitness Training, 5th Edition
3. ACSM's Resource For Personal Trainers, 4th Edition
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5. Trail Guide To The Body, 5th Edition (Biel)
6. The Fundamentals For The Certified Personal Trainer, 6th Edition (NFPT)
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